

Competitive Performance Series: Ages 13-18

What is it?

The Interlocken Competitive Performance Series is a program designed take student-athletes to the next level in their golf careers by focusing on performing in tournament play. The Series is designed to help players prepare and practice for tournament play at the High School, CJGA, RMJGT, and collegiate levels. This season, we will be in the practice area one day per week, and on the course one day per week. The series is open to both Male and Female participants. Over 75% of past participants have recorded a career round within the first month of the series while in the first 4 years of the program, 4 junior players have gone on to compete at the collegiate level.

When is it?

The Series will be conducted **TWO** days per week for 3 hours per day **on Tuesdays and Thursdays** beginning on June 11th and running through August 1stth, with a week off over the week of July 4th (**7 weeks**) **The Series will run from 8:00am-11am.** Players are welcome to attend as many or as few days as their schedule permits. Players are encouraged to continue practice or play at the conclusion of each day's session.

How does it work?

The Series will use the latest techniques from top teachers and college programs to challenge and motivate each player with a variety of practice assignments, skill assessments, and competitions. The instruction team will be covering all aspects of competitive play, including:

-Goal-Setting -Pre-Round Routines -Fitness and Nutrition -Course Strategy -Golf Psychology and Pre-Shot Routines -Advanced Green Reading -Time Management and Efficient Practice -Handling Pressure -Advanced Short Game Techniques and Strategies

Am I good enough for this Series?

If you currently play golf tournaments or you would like to start playing in tournaments or trying out for your high school golf team, you are good enough!

Am I too good for this Series?

No, the training and tasks are scalable to players of all abilities, no matter how good a player is, he or she will be challenged on a daily basis.

What does it cost?

The Interlocken Competitive Performance Series costs \$700 for Interlocken Members and for those non-members who participated last season. It is \$800 for new participants who are non-members. (Total time for the program is 6 hours per week for 7 weeks = 42 hours of supervised practice). **Weeks can also be purchased individually at a price of \$135 per week if you anticipate missing significant time.**

How do I sign up? Email Director of Instruction Dan Sniffin at DanSniffinGolf@gmail.com